

# Cassandra O'Neill

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Dear Colleague,

Thank you so much for taking the time to review my resume and help make connections for me. I enjoy working with people and organizations who are motivated by learning and getting to the next level of greatness. I value peace, equity, diversity, and sustainability. I am looking for opportunities to work with others who share these values.

My most rewarding professional accomplishments have come from working with others in starting new initiatives and programs. Starting something new allows for creativity and new energy. It's a time when people can dream big, and when anything seems possible. Since I discovered Appreciative Inquiry, I have used this approach to help others discover what IS working - to inform the future. This approach to change aligns with how the brain works when it is at its best, energizes people, and illuminates untapped resources that reside within teams, organizations, and communities.

Since I began using Appreciative Inquiry, I have seen huge differences in how groups work together. When they are given the time and space to step back and think about what is going well, they reconnect with their resourcefulness. Something shifts as people see themselves and each other in new ways. These insights and shifts in perspective help groups connect and reconnect with their shared goals and aspirations. This is powerful "fuel" for their work.

I have learned so much about neuroscience and how the brain works in the last few years through two new coaching certificates. Having this new information has felt like I've gone from walking to riding a rocket in my presenting. I have never seen people get more excited about anything in my entire career.

Even from attending short webinars or conference presentations that I have given, I have seen people immediately understand how they can positively impact others more easily. They have understood how to create conditions (through conversations) so that the brain signals trust, connection, and builds resiliency. I have seen people retain and apply these new insights in ways I didn't think was possible.

I am looking for opportunities that are a good match for my skills and values. You can learn more about me at my website [www.cassandraoneill.com](http://www.cassandraoneill.com). Feel free to contact me via phone or text at 520 403-0687 or email at [cassandraoneill@me.com](mailto:cassandraoneill@me.com)

Thank you.

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