



2019 COLLECTIVE LEADERSHIP WEBINAR SERIES

MAY 3, 2019

12:00PM – 12:30PM Central Standard Time

Practicing Self-Care and Building Resilience

- **Explore the neuroscience of resiliency as it relates to both the early childhood workforce and young children**
- **Review the pathways to build resiliency**
- **Reflect on how to adopt self care and resiliency building practices into your organization**

Certificate of Participation

Name: _____

Cassandra O'Neill
Monica Brinkerhoff
Presenters